



## TIGER WOODS

### Make putting natural

Photo By Darren Carroll

Putting is an individual thing: Posture depends on your build; grip pressure varies from player to player (mine is fairly light); the shape of the stroke-path (rotational versus straight back and through) is another choice. The key is to find what works for you.

LET THE PUTTER RELEASE TO THE HOLE WITH THE RIGHT HAND.

I've started to monitor my stroke on a computer to make sure my mechanics are in sync. I've learned that as a rotational putter (I swing on an arc with the face rotating open to closed), I'm most consistent when my stroke path is 1 degree in to out

through impact, with the putterface releasing. Knowing that has helped me monitor myself.

To practice the release, I focus on my right hand. That feels most natural to me.

I often use a drill where I practice making a through-stroke with my right hand only without taking the putter back to isolate the release.

article from Golf Digest, March 2008 issue